

THE
SILVERMANS' Friend,
AND
No circumventing Mouth

A rare method of Chyrurgery
and physick, teaching the coun-
try people excellent cures, the
heretofore laid open in any
age before.

Besides here are four arts, three
of them concerning horses, and the
fourth an art to keep a Field of corn
from any manner of Fowles, that devour
grain, this art is only by mounting
a few Crow feathers, for neither
Pidgeon, Sparrow,
Rook nor Crow will en-
dure the Field where
they lye.

By ABRAHAM MILES.

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Lyon near Eye-corner, 1668.

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The Epistle to the Reader.

Friends, whosoever you are that shall obtain the rules of my practice, which are laid open to the view of people, and not hid and kept close as it is the use of some Physicians, and Chyrurgeons, because they love darkness rather than light: O many people there are who are lost for want of help, that have not a great deal of money to give for a small cure; these corrupt wretches will do no wise help the sick nor the lame, no more then Dives did help Lazarus in the time of his necessity; if we would but regard, we have the holy Scripture to enlighten our hearts to charity, and to be pitiful-hearted one towards another, Mat. 24. but we are in cruelty one towards another: sure the Judgment day is drawing near at hand, is not this one of the most evident signs? For as much saith he, as iniquity

The epistle to the Reader

shall abound, the love of many shall wax cold; when did iniquity ever so abound, when was the love of men ever so cold towards the poor? how many now in so great a multitude do cloath the poor, naked creatures of God with canvas and rugg, they give shooes of silver and gold, and set with rich stones, to dumb Mahomet; but who now giveth shooes of leather to the poor? O too much unmercifulness, can these things escape unplagued? remember well this saying is truth, He that is well needs not the Physitian, but he that is sick; But they may be sick and recover as they can, for any help they shal have without great store of money to pay for the cure. But here is an easie way for thee to work by to help thy self in time of necessity of any desperate impediment, and at a very easie rate to help thee or thy friend, and thou mayst gain both love and profit; and the purer thou dost lead thy life, the more God will bless that which thou doth undertake.

And these are the diseases as followeth in the next pages.



Catalogue of the diseases entered in the Book following

- T**O prevent sickness.
For convulsion fits.
For falling-sickness.
For corns in the feet.
For old sores.
For broken bellies.
For a temporary
For melancholy.
For the stone in the kidneys.
For the Stone-colick.
For the Rickets.
For the Thrush in the mouth.
For a Cancer in the mouth.
For a Quinsey, or sore throat.
For difficultie of breath.
For a Rhume-Meager.
For hot watery rhumes in the eyes.
For sore eyes.

The Catalogue.

For a green wound.

For the running of the reins.

For the swelling of the throat.

For the swelling of the belly.

For the colic.

For a Pleurisy.

For the Worms.

For the Warts.

For the Jowls-evil.

For the French Pox.

For the Chin Cough.

For the Dropsie.

For the Wind-collick.

For a Wolf in the breast.

For the Itch.

For to preserve a horse from any disease.

To cure a horse of the red water.

For to cure a horse of the Mourning of the Chin.

For to scare fowls, that devour grain in the field.

The Country mans friend, and no
circumventing Mounte-bancke.

Here is a rare way to prevent any manner of sick-
ness whatsoever.

TAke milk new from the Cow,
about the quantity of a halfe
pint porringer full; and if it
be not warme enough of it self,
set it a little while upon some
warm embers, and then you
must have the quantity of halfe a penny-worth
of Saffron, tyed up in a little holland rag, and
that end of the rag as the Saffron lieth in, dip
it into the milk, and squeez the end of the
rag that it may drop into the milk, so dip the
Saffron rag into it six or seven times, one after
another; every time you squeez the rag, you
must do it with your thumb and fore-finger,
and when you have so done, lay your Saffron

The Country mans friend,

rag aside, and put a spoonfull of life hony into it, and stir it with a spoon, and when your hony is dissolved, let the party that is ill drink it up, and this take when they find themselves first amiss; it prevents almost any disease and drives away evil humours from the heart and is a rare defensive, it prevents either Pox or Plague, or any other cruel diseases; taking this potion but three mornings, and three evenings.

A rare way to cure the convulsion Fits.

YOU that are troubled with convulsion fits, observe this rule; that it is the best time at the new of the Moon, or after the full, to begin to take any thing against the convulsion fits, take your Elethergie of gold as much at a time as will lie on a goate; after you have made it into a powder, and put it into your broath, into any manner of broath, or milk, or posset drink; always when you go to meals, or to your diet; And if the party be curable, this cureth either man, woman, or child in a short time. *Probareum est.*

A certain and sure way to cure the falling-sick-

Begin to take this, which I shall prescribe herefor the Falling-sickness, much about the

and no circumventing Mountebanck.

the same time, as is above mentioned concerning the convulsion fits; Let the party that is afflicted, have a pye, and three young Ravens baked in it, or a pye with three young Teas baked in it; and let the party so afflicted, eat of it three times a day, a little quantity at a time: take a handful of Sage, red Sage, and a quart of white Wine; if you cannot have it, take a quart of fair spring water, and boy the Sage in it very gently, until it be boyled half away; Then take it off and set it a cooling, and when it is cold, put it into a glass, and if you can have it, put to it two grains of the Countess of Kents powder, & that you may have at the Apothecaries; and when you go to use it, you must shake the glass a little, and drink the quantity of a quarter of a pint of it at a time, in an evening; this cures several of the Balling-fickness. *Probatum est.*

A rare and easie way to cure corns in the feet.

IN the first place soak your corns in warm water; that will soften them, that you may cut them with ease, spread a plaister of *Flossanguentorum* on a litle thin bit of lambs leather. And so many corns as you have, make so many little plaisters to cover the places where the corns are; the plaisters will stick fast, and in one day it will soften them, that you may

The Country mans friend,

may cut them at your ease, then you must have a little unslack Lime, and the best crown soap mixt together; a little quantity of each will serve the turn; then lay a little of this on each corn that is ready cut, and open a Raisin of the Sun, to lay over each place; where you have laid your soap and Lime, then wrap a linnen cloath about your foot, and make it fast; and this art kills the corn to the very root, and makes a perfect cure. *Probatum est.*

Here is a rare way to make a salve to cure old stinking sores, Rotten and putrified, as old sore legs, loathsome-like gouts, or old sores in other parts of the body.

Take the quantity of a wine pint of Sallet oyl, and Linseed oyle, and put them together, then take a peny worth of red lead and a peny worth of white Lead, and a peny worth of soft sealing wax, and a peny worth of vendigrease, put these with the other oyles into a pot that is well leaded; stir it about a little before you set it to the fire, then you should have a spoteller; it is at one end like a spade; then your pot of salve being set to the fire, you must stir it constantly; it will change of several colours as it stands against the fire; but when you perceive black spots arise in your salve; then it begins to be enough, stir

and no circumventing Mountebanck.

Stir constantly, and when it is black all over, and
riseth all frothy, it is enough, then you must
have a little bole or bason almost full of fair
cold water, to set the bottome of your salve
pot into; this is to cool the heat of the salve,
by setting the pot into the water, and still you
must keep it stirring, until it be cold; then it
is ready for your use. You may spread this
salve upon dry oaken leaves, or Primrose
leaves, or fine holland rags, or fine writing pa-
per; and if the sore be very broad, or long,
you may spread it on London brown paper,
and apply it to the sore. There was one of this
salve sent to the Hospital, and it cured such
sore, that the Cyrrurgions did advertise the
virtue of it, & proffered many peices of gold for
the receipt of it. But the author of this booke
obtained the art in making this salve, by keep-
ing a gentleman company, that used much to
frequent the gentlemen house where this salve
was made; this hath cured sore legs that should
have been cut off. *Probatum est.*

*Here is an excellent and rare way to cure broken
bellied children, either male, or female.*

Take half a handful of five leaved grass,
and the roots with it, and half a handful
of comferry roots, and half a handful of polli-
podium, and half a handful of Sallotmaine
Pollipodium

The Countryman's friend,

Pollipodam is fern that groweth in an Oak tree, and kill a handfull of knot grass, and kill a handfull of webroad planten leaves; boyl these in five quarts of the strongest wort, of the first shot, and let it boyl gently, until it be boyled halfe away, then take it off and let it a cooling, and when you see time put barm, yest, or quickening to it; call it what you will the thing is all one, and when it is ready to tum, as they do beer or ale, put it up into a pitcher or two Jug bottles, or what you have most convenient to keep it in, you must give it room to work, and afterwards keep it close from the air, it will be the stronger; if it be a young child, give it this after drink, as often in the day time as the child will take it, three spoonfull at a time; if the party be of riper years let them take it three times a day, after breakfast, after dinner, and after supper, the quantity of a quarter of a pint at a time, then you must anoint the privy parts of the body twice a day with *Oleum extensis*, and you must have a Chaffing dish of coals, stand neer to the broken place of the belly, that the heat of the coals may dry in the ointment; you must use but little of your ointment at a time, and chase it in with your hand very gently; do this twice a day, morning and evening, then fold up a double cloath, a lincn cloath I mean, heat it hot and lay to the place defected; or if you will you may

and no circumventing Mountebanck.

may bruise a little hemp-seed, and sew it up in a cloth like a little purse, heat it hot and lay it flat upon the place, tie it fast up with a swade and if you will lay the party to bed, let the middle part of the body lye some thing higher then the head, and when they sit up, let them sit very soft, and you must have some little soft thing made with feathers, or wool to lye under the belly, as they sit by the fire, or in any other place, you need not question this curing either old or young with Gods help for the Author of this booke hath cured them that have been broken, and broken fifteen years, and by thy art hath made a perfect cure.

Probatum est.

A rare way to cure a Tympany in the belly of a Woman or Maid.

TAke half a handfull of Senary, and boyl it in two quarts of strong Ale, until it be boyled to one quart, and drink halfe a quarter of a pint at a time, and follow this constantly, and in a short time this will do the cure. *Probatum est.*

Probatum est.

TAke a little quantity of Pollipodum or Fern of the Oak, and boyl it in a little new milk,

and

The Country friend,

and make a Posset; skim off the Curd, and sweeten the Posset-drink with a little hand Sugar, and drink this often; and you that are troubled with Melancholy it will drive it clean away, and make you as jovial as ever you were melancholy before. *Probatum est.*

A very gallant way to cure the stone in the Kidnies.

Take a quart of spring water, and put into it a pound of the best life honey, and let it boyl untill almost halfe of it be boyled away; keep this in a little earthen bottle or glass, and drink five spoonful fasting, and five after dinner, and five after supper, and in a short time this will give you ease, and cure you of that impediment. *Probatum est.*

How to cure a way to cure the Stone in the Bladder.

First you must take a pint of white Wine and have the back bone of a red herring beat to powder, and the weight of six pence in Holly-berries, beat to a powder, and the kernels of Ashen-keyes, beat to powder, and take as much of it as will lie on a groat, and put these powders into a pint of white Wine, and put in a little indifferent spoonful of the juice of Camomile, new pressed from the herbs, and let the

and no circumventing Mountebanck.
the party either man or woman drink this at
two or three draughts; if they can, let them drink
the whole pint at one draught; this hath cured
thoſe at three times taking, that hath ſpent ma-
ny a pound in ſeeking far and neer for help,
yet never could be eaſed of this cruel impedi-
ment the Stone-colick, until they took this
before mentioned, and this hath cured them
in eight and forty hours ſpace, to the admi-
ration of many people. *Probatum eſt.*

*Here is an excellent, and rare way to cure the
Rickets in little children.*

Take halfe a handfull of the middle peil of
the bark of Sallowes, and halfe a handfull
of Tamerisk, and halfe a pound of Raiſins of the
ſun three halfe peny worth of Liquoriſh, and
a halfe peny worth of Aniſeeds, and a quarter
of a handfull of Maiden hair; boy theſe in four
quarts of ſt ong Wourt until it be boyled to
two quares, then ſtrain it out very clean, and
let it a cooling, then barm it as you do beer,
and when it is worked ſkim off the barm, then
tun it up into a cloſe Veſſel, a Pitcher of two
quarts, or two Jugs, and at three days and ſe
is for your uſe, give it the child, either boy or
girl, morning and evening, the quantity of a
quarter of a wine pint at a time, and give the
child a little of this diet drink often in the day
time after any maner of diet.

The Country friend,

Another for the same.

TAKE three or four peny worth of Parmacei, and halfan ounce of the oyl of Capbas and two peny worth of Muscadine, put these into a Viol-glass, and when you go to a point, the child shake that which is in the glass well together, and anoint the breast, the bow of the armes, the wrists, the Reins of the back, the hams, and the ankles, every morning and every night.

This diet drink and ointment, hath cured poor lame and weak children, that could neither stand nor go. The Author of this book hath proved it in practice on a hundred several children. *Probatum est.*

Here is a rare way to cure either Thrush or Cancer, in the mouth of a child.

TAKE a quarter of a pint of fair spring water and put as much Roman-vitral as the quantiey of a white pease, break it to powder in a little white paper, & put it into the water and having a rag, or linnen tide about a stick not so big, as a hand-cudgel, a little thick, I mean dip the little stick with the rag tide about it, into the water, and stir the water, and Romanvitral together, and then rub then childs mouth,

but

and an circumventing Accounte banck.

but not so hard as a man would rub a horse heels;
do rub the mouth of the child very gently
and this will cure it.

Probatum est.

You may have this Roman vitreal at
the Apothecaries, four penyworth, or six pe-
ny-worth will serve the turn, and do the cure,
this cure is performed, at halfe a dosen times
daily, the time is every morning and every
night.

*And yett sure may to cure a swelling in the throat;
called the Quinny.*

Take halfe a handfull of Mugwort, and heat
it between two tifors in a fire. Shovel and
lay it so hot all under the throat, as the patient
can suffer it, if there be any swelling betwix the
ear and the throat which is called the tumours
of the ears falling down, spread two plaisters of
Burgany pitch upon two little holland cloaths;
an inch and halfe long, and halfe an inch broad;
and then lay one end to the lower part of the
ear, and the other end toward the throat; so
likewise lay a plaister on the other side just up-
on the place that is swelled, which is called the
tumours of the ears, then lay on the Mugwort at
hot as you can suffer it; do this at a night when
you go to bed, then wash and gargle the mouth

The Country mans friend,

throat with a little Roman vitreal, called the
Celestial stone, and this will cure you in two
or four hours space, keeping your self warm.
Probatum est.

*A rare and excellent way to cure the difficulty of
breath or the heaving of the Lungs.*

THere is a long herb, or plant that grows
common almost in every hedg; it runs long
like a vine, but the leaves are very broad, of a
dark green colour, it is called amaradulcis and
some call it woody-might shade, it is govern-
ed under *Mercury*; take a pound of the leaves
and stalks together, and bruise them a little,
then put them into three pints of White wine,
and let it stand and infuse by the fire very gent-
ly in an earthen pot covered with embers a-
bout it; it must infuse twelve hours,
then take it off, and if you will you may put a
quarter of a pound of Sugar candie; and when
it is cold, you may use it; you may take the
quantitie of a quarter of a wine pint morning
and evening, and once at noon after dinner; this
hath cured several men and women of the
heaving of the lungs, that could not get help
from any before. *Probatum est.*

Here

and no circumventing Mountebanck.

*Here is a rare way to cure the Rhume Meger,
or wind Meger; which is a dizzy giddiness in
the head of man or woman, or younger people.*

TAke fine Flaxen cloath, new Flaxen cloath,
and make it just the compass of the fore-
head, from temple to temple, and when you
have so done, then take your Flax cloath, and
spread it on a board, then spread a quarter of
a handful of Flax-hurds, or Flax-tow on the
top of your Flax cloath, just the same compass,
and with your hand pat it down together ve-
ry close upon the flaxen cloath, and wipe in any
loose hurds that you see round the edges of
the plaister, with the back of the knife, then
having the white of a new laid egg, ready beat
in a dish with a spoon, spread with the spoon
the white of the egg all over the Flax hurds;
then having your *Sanguis draconis* beat to
powder, strew the *Sanguis draconis* all over
the white of the egg, then lay this plaister to the
forehead, and pin it on with a cloath, and let
it lie twenty four hours on the forehead, then
if it be not loose, let it lie until it be loose, then
take it off. Two of these plasters one after ano-
ther hath cured some that have been blind
with Rhume.

Probatum est.

The Countrymans friend,

Here is a rare medicine for hot watry Rhumes in the eyes; or sore eyes.

TAke a bit of Roach-allum about the bigness of a Pigeons egg, or a small walnut; then take a new laid egg, and break the white of it into a clean dish, then take your Roach-Allum, and stir the white of the egg about in the dish very lustily for a quarter of an hour until it be very thick and curdled, it will seem like white bread and milk beat together, take this, and with your finger wipe it upon your eye, and into your eye; and lying on your back, let it dissolve in the eyes for a quarter of an hour at a time; in the morning, and at noon, and at night; you may use the plaister before mentioned, with this if you please, or this of it self, according as you see occasion. Friends, whosoever you are, that shall make use of this art, it will by Gods blessing help you; and the Author of this book hath cured them with this art, that hath been almost blind with Rhume.

Præbatur est.

Another

and no circumventing Mountebanck.

Another rare medicine for the eyes.

TAke the juice of plantan the herb is govern-
ed under Venus; and a peny worth of cie-
bright water; take of each a like quantity, and
put these into a little Vial-glass, and then put
therein a little Roman vitreal, or the Celestial
stone; as much as the quantity of a gray pease,
and put it into the glass or vial, and let it dis-
solve in the juice and water; then when you
go to dress your eyes, shake the Vial a little;
dress your eyes as occasion shall serve,
and your own discretion uide you; you may
dress your eyes at morning, and at noon, and
at night, if your eyes be very hot; dress them
more oft; this is a curing soveraign medicine
for the eyes, and hath done good to many both
men, women, and children. *Probatum est.*

A rare way to cure a green wound.

TAke two peny worth of good sack and
wash the sore with it twice a day, mor-
ning and evening, and dip your lint into the
oyl of St. Johuswort, and bind it up, and this
will heal a green wound that is cut deep, more
firm and sound then balsum;

Probatum est.

The Country mans friend,

Here is a rare way for the curing the Gonorrhea
or Running of the reins.

IN the first place, if you mistrust, you have
caught the Running of the reins by keeping
company with any foul or unclean person; go
this way to work, first, either to help your selfe,
or your friend, Take a dram of *Pulvis-sandus*.
In English, holly powder; and put this pow-
der into half a pint of clear posset drink, and
stir it about with a knife; and then drink it
up, and then take good store of posset drink
after, that it may cause the purge to work lu-
stily; you must begin alwayes to take a purge in
a morning fasting, but if you are of a strong
constution, I would wish you to take a dram
of *Extractum rudi*, and make it into four or
five little pills, and drink either posset-drink,
or strong Ale, or Beer to cause it to work, then
after it hath worked well, take some warm
broath made on purpose; these purges purge
choller from the chest, and slime from the
guts, and wrinseth and washeth the reins of the
back, & prepares the body fit for that which is
restraining or restringing. Now in the second
place if you would seek to stop this flux, called
the Running of the reins; take a good hand-
ful of Yarow, Miltoyl, Nose-bleed, or Thou-
sand

and no circumventing Mountebanck,

And leafe, it hath all these names, but it is commonly called Yarrow, take a good handful of this green herb, and put it into a Morter, and bruisse it with a pebble, and when you have well beat it, or bruised it, put to it the quantity of a pint of good fresh small beer, and stir it altogether, then take a thin cloath, and strain it thorow, and then put it into a Vialglass, or a litle close jug bottle, and put to it two ounces of the best hard Sugar, and let the Sugar dissolve in it, and when you go to use it, shake it together; and the quantity that you must take is as followes; if the day be very hot take a spoonful at a time often in the day time, or otherwise three times a day; The Author of this book, hath applied this medicine as fasting in a morning three spoonfuls, three spoonfuls at noon, after dinner, and three spoonfuls after supper, this hath cured men and women; that several noted Physitians hath left, and could not cure.

Probatum est.

Here is another way for to cure the Gonorrhea, or the running of the reins.

TAKE Cipress Turpentine, or Venus Turpentine, to the quantity of two ounces and put to it the quantity of three measured spoonful

and no circumventing Mountebank.

spoonful of clear spring water; and then stir it well together with the point of a knife, until it be white; this is called washing of Turpentine, or if you be so well provided, instead of washing it with water, wash it with the juice of Lemond, and you must wash it in a little white Gally pot, and let it stand in the same pot covered with a white paper; so you may take it three times a day, at the end of a knife point, an indifferent quantity at a time, or you may take it in little pills, rolled in Sugar, upon a trencher; and if you will you may add to it *Sanguis draconis*, or the blood of a Dragon beat to powder, and so you may mix it with the pills, and these pills worketh a gallant effect in man or woman, and it will do the cure.

Probatum est.

Another way to cure the Gonorrhea, or running of the Reins.

TAKE every Morning fasting, and every Evening after supper, as much as will lie on a shilling of the hard row of a red Herring, dried, and beat to powder, and put it into a quarter of pint of beer, and drink it up; and often in the day time, drink your black double refined Rosin, it is clear like a glass, let it be beat to powder, and drink it; this hath cured

the

The Country was friend,

the foul disease, of the running of the Reins
it self. The Author of this book giveth notice
to all people, both men and women, to observe
this rule; those that shall have occasion to
make use concerning this cure, if it be in win-
ter, to wear a warm nettelouth next to the reins
of the back; and if it be in Summer, wear
next to the reins of the back a plaster of Dioc-
cule, spread upon a linnen cloth, about the
length of your hand, and four fingers broad
one plaster will stick on a week; this plaster is
drying, and by Gods help performeth the cure.

Herbarum of
Here is a most excellent and rare way to cure the
falling of the fundament, never the like laid o-
pen before for the good of the Country.

IN the first place, for either man or child or
what party soever that hath the impediment
of the fundament falling down when they go
to stool, they always void a great deal of blood;
take the herb knot grass, it is as common
as the high way, because it groweth by the
high way side, but the herb is as honest as if it
grew in a Ladies garden, and as full of vertue;
there is another herb groweth close by; it is
called Planten, not Bucks-horn Planten, but
Webroad Planten, it is governed under Venus,
and

The Countrymans friend,

and under the sign *Libra* a very honest herb; and helpeth *Venus* girls of many a loof disease: But concerning our cure before mentioned; Take *Planten* and *Knot-grass*, and beat them in a mortar with a peltle; then strain out the juice, and put it into a vial-glass, then that is ready for use; then the party afflicted with the disease before mentioned, let them take two spoonful of the juice, and a spoonful of good strong sack; mix them together, and drink this quantity morning and evening, and after dinner; if the party be past sixteen, take it oftener in the day time; And likewise take three thin rashers, or slices of *Martelmass-beef*. And put these three slices of Beef upon the Chaffing-dish of coals, and the Cassing dish into a close stool and so sit over it, and this is so strong, and of such vertue, that it will go quite through the body, when you breath, you will tast the sent of it in your mouth; do this often, and with the help of God you will not miss of the cure; The Author of this book hath cured them that hath been far and near before, and could get no help, and this hath cured them.

Probatum est.

An

and no circumventing Mountebanck,

an excellent way to cure desperate bleeding at
Nose.

If you be passing along on the high way and
bleed at Nose, by reason of heat of travel,
or by the heat of the Sun, take green nettles,
and the roots, and bruise them, and put them
in your Nose, and snuff up the juice, or sent in
to your head, and this will stop it; but if you
be at home, and at no hard work or labour,
and your Nose do fall a bleeding, take the herb
above mentioned, and apply first to the Nose
and if that will not stop it, tie thy left finger for
thy right nostril, and thy right finger for thy
left nostril, if an occasion serve tie both; if
that will not do let the party lie down back-
ward, and have a cloath dipt in fair spring wa-
ter and apply to the private parts of the body;
mean to lay it close too. If that will not do,
take a toad dried in the sun, and lay it on the
bare chest of man or woman, if the party be a
little fearful, as some maids are to loose their
maidenheads, but very few; wrap the toad in
a fine thin white rag, and if it be for a woman
or maid, they will like it the better, my rea-
son is, the female sex delighteth in clean lin-
nen. But friends whosoever you are that
makes use of this book; these rules before
mentioned

The Country mans friend,
mentioned, will not fail you in time of need.
Probatum est.

A rare way to cure the Spleen or stitches in the
side,

Take black double refined Rosin, it is clear
like glass, when you hold it against
the light; take a little quantity of it at a time
and beat it to a powder; and take up as much of
the powder as a timex will lie upon a four penny
piece, called a groat, and put it into a quarter
of a pint of sack, or strong beer, or ale, and
drink it quickly, and it will give you ease imme-
diately after you have taken it; and it will
cause you to break wind immediately, and give
you ease; and this helpeth either man, or wo-
man at a convenient time, with speed.

Probatum est.

Here is a sure and speedy way to cure the Plurisie
in man, woman or child.

The impediment of the Plurisie is despe-
rate, and will kill either man, woman or
child, without they have a speedy remedy;
but this which I shall here prescribe, it is most
certain and true; Take Stone-horse dung press
forth the juice of it, and take one spoonful of it
and

and no circumventing Mountebanck.

Take two spoonfulls of Aniseed water ;
stir them together in a little ear-
then cup, or porringer, and let the
arty drink it up presently, and it will
lye them ease, and taking of it threentimes one
fyer another it cureth either man, woman or
child of a Plurisie speedily without letting
blood.

Probatum est.

*A most sure and speedy way to cure chil-
dren of the worme.*

Take a handful of the young buds of Ailen-
trees, you may know them from any other
buds, for the outside shews as black as Seacoal ;
take a handful of the buds before mentioned
and a handful of unset Hyssop, and half a hand-
ful of wormwood, mix these together, and heat
them very hot in a Fire-shovel, or between
two tyles ; then lay it to the childs belly, as
hot as the child may suffer it ; and bind it on
with a cloth at night, and let it lie till the
morning, and in the morning give the child
three spoonfulls of new milk, and put a little
of the seeds of Worm-wood into it, and bruise
it before you put it into the milk, and stir
them together ; then give the child the milk
and worm-seed, stirred together, the quantity

If

The Countryfriend;

of three spoonful I mean the seeds of the common worm-word, that growes almost in every place; this art cures children of the worms and cleanse the body, and causeth children to thrive very lustily after the taking of it.

Probatum est.

A fine art to cure and kill all manner of Warts that groweth on the hands of men, women, or children.

THere is an herb grows by the high way side, it is called Arlsmart; one sort of it hath a little black spot grows on it, I judge that the Planet Saturn hath some influence over it, but I mean the Arlsmart, that bears a green leafe, and it bites; if you bruise it, and it toucheth any sore; all you that have Warts, bruise the herb, and rub the Wart with it, and this will kill all Warts whatsoever.

Probatum est.

A rare way to cure the Joynt-evil, or other foul running sores.

TAke a handful of the buds of Broom, and halfe a handful of Fenel, and half a handful of Thime, mother Thime, or field Thime, and halfe

and no circumventing Mountebanck.

half a handful of unset Hyssop, and a quarter of a handful of Balm, and half a handful of Sages boyl these in five ale quarts of fair spring water, until it be boyled to five pints, and let it boyl gently over a wood fire, and when it is cool, put it into some manner of Vessel, that will keep it close, as a small Firkin or close Pitcher, and take of this five spoonful in the morning, and three at noon, and five at night after supper. This hath cured three or four in a house, that have the disease they call the Kings-evil; before his Majesty came into the Land; and now it doth cure the Joynt-evil, the Gout in the Joynts, and other foul diseases in the body; this hath cured several of these impediments, that never could get any help before.

Probatum est.

A rare art to cure the Morbus Gallicus, or the French Pox.

In the first place purge your self; and that you may do, and take but a dram of *pulvis sanctus*, in halfe a pint of clear posset-drink, and the quantity of five pints of clear posset-drink, to to drink after; and if you are of a stronger constitution, take a dram of the extract of Rudi, and make it into five or six pills, according

The Countryfriend,

say you can Swallow them; and drink
five pints of good strong beer luke warme,
as warme as milk from the Cow; that you may
easily do, and set it against the fire; now after
purging your selfe, do this, take the barke
of an Ashen tree, and pare off the outside; and take
the middle bark, as the Tanners do of Oak
bark; if it be winter dry your bark in an Oven
but if it be Summer, dry it in the heat of the
sun; and when it is dry, sweep your hearth
clean, and set the ends of the bark upright,
leaning one against another, then with a can-
dle, or a peice of paper, set your Ashen-bark
on fire, and if you looke to the burning of it
well, it will burn as white as chalk; and take
these Ashes, and have them ready about you
in a box in your pocket; and you must have
Apples, any manner of Apples ready roasted, and
ever and anon, then dip an Apple into the ashes
and eat it, and in a short time this will cure
you of the French Pox, and none can tell for
what disease you take it, this art hath cured
them of the foul disease, the French Pox, that
hath been at the Hospital, and could not have
cure.

Probation est.

and no circumventing Mountebanch,

*For a Hoarse cough, or a hooping cough,
or either thin cough.*

Here grows a stone very common on ma-
ny plowed lands, some call it a hawk-bill
stone, some call it a hod-mended, some call it
a kicks-foot stone; it growes in the manner of
an oyster shell, like to the great welstead oy-
ster-shell, take this stone and burn it in the fire;
for the space of five or six hours; then take it
out, and beat it, and sift it to a pure fine pow-
der, and put to it half a penyworth of horse
spice, and put to it three half peny-worth of
white sugar, and mix these together, and let
the party that is afflicted with the cough, ei-
ther man or woman, or child, take this, and eat
of it as often in the day time as you will, and it
will cure them in a short time; this is far bet-
ter then the Apothecaries *Lobosamim*, that
they sell for eightpence an ounce.

A rare way to cure the drop sicke.

Take a wine quart of the ashes of broom,
and boyle them in four quarts of wormwood
beer, or ale, and let it boyl until it comes to
two

The Country mans friend

two quarts, then let it settle, and let the cleare
be poured out from the thick, and put to
two peny worth of the powder of Cinamon
and take five spoonfuls fasting in the morning
and five spoonfuls at night; if you be very fa-
gon take likewise three at noon, and this will
cure you in a short time.

For the Wind chollicke

TAke Lozanges Rite, or Dietion pe-
tion, it is in English Lozenges three peo-
pers get these and you will quickly find ease.

*A way to cure a womans breast of a
lump*

TAke a little Roman vitreal, and beat it
to powder, then take a live Pidgeon
and slit it in two, then take your celestial stone
being beat to a powder, & strew the Roman vi-
treal all over the inside of one half of your Pid-
geon, and lay that presently to the Wolfe to
feed on, let it be about an hour, and then take
the other half of the Pidgeon the feathers be-
ing picked off, and lay it to the same Chasse

and notwithstanding Mountebank.

of coale, then hold the breast over it, and the Wolfe will sever immediately from the breast, by vertue of the Celestiall stone, and drop into the Chaffin-dish; then after this you may take a little of the same Romaniviterall in a little fair spring water, and wash the breast morning and evening, and lay a primrose leafe to it, dipt in the oyl of *St. Johns-wort*, and Sallet oyl mixt together; and you must be sure to keep your breast warm; and when you try this art, think of the Author of this book; for this hath cured many of this impediment to the admiration of many people.

Probatum est.

A fine art to cure the Itch.

TAke one peny worth of the Oyl of Roses and two peny worth of Sallet oyl, and mix these both together in a little gallypot, or drinking pot, take green glass, and beat to a pure smal powder, and mix this with brimstone beat to a powder; take these two powders, and tie them up fast in a little holland rag together; and let the powders tyed up in the rag, lie and soak in the oyles, and when you go to dress your selfe, take out the ball or rag tied up round like a ball, and gently rub the wrists

wrists and the bow of the arm; and the hand
that is betwixt the lower part of the belly and
the upper part of the inside of the thigh; and
anoint under your hand; do this morning and
evening, and this will kill an itch in a very short
time, if it be to the bone. *Probatum est.*

And evening, and lay your hand to it
like in the oil of St. John's wort, and sell
oil next together; and you must be sure to
keep your breast warm; and when you
this will think of the Author of this book; for
this hath cured many of this impediment to
the admiration of many people.

Probatum est.

REMEDIES FOR THE ITCH OF THE BOW OF THE ARM

Take one penny worth of the Oil of Rose
and two penny worth of Sallet oil, and
mix them together in a little Gallipot
or a looking glass, and keep it
in a small powder, and mix this with this
oil, and use it as before: this cures the bow

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Remedies for Horses.

*Here is a rare way to make a drink to keep
Horse or Mare from any disease.*

Take three or four pennyworth of fench in
greale, and in a small brass mortar, bruse
it a little, and put it into a Skillet of strong
beer the quantity of a quart; take a liitle Rose-
mary and Hyope and a little green balm, and a
little Fennel and Time, and shred all these to-
gether, and put them into the Skillet, and
half a pennyworth of Anniseeds; let these boyl
together, for the space of half an hour, then
take it from the fire, and when it is cold e-
nough give it to horse or mare; it prevents
the Plague in the guts, or any other diseases if
they have stood in stables that are infected: All
you

you that are masters of horses, and shall make use of this, you will have little need of the Farrierto drench your horses, after you have made trial of this a little while; this is approved of by some gentlemen to be the best drink now in England, and a sure defensive for the heart.

Probatum est.

Remedies for Horses

A rare art to cure a horse of the Red-water, some call it the stronge gullion.

VVhen you see the horse have this disease, he will lie on his back, and kick with all four of his legs, and very much swell in his body; take two quarts of Chamber-lye, our sale, and bruise some Burdock-seeds, as many as will lie on a shilling, and put into the Chamber-lye, and give the horse this with a horn, as soon as possible may be, then swich him up, and ride him for the space of three quarters of an hour, then set him in the stable, and as soon as he doth stally, he hath his cure.

Probatum est.

Here

and a pennyworth of white chanc.

*is a rare way to cure either horse or
of the morning of the chanc, if they
are not too far spent.*

*Take a pennyworth of Lousillagine,
and a pennyworth of Uripigmentum,
and as much of the powder of both of them
will lie on a shilling; put this to two spoon-
fulls of barley flower, and make it into three
cakes, about the bigness of three half crowns,
lay these on a chaffing dish of wood coals, and
cover them with a Tunnel, that the pipe of the
Tunnel may convey the smoake into his no-
strils, then ride him for half an hour; do this
morning and evening, and in short time the
cure will be perfect.*

RECIPE FOR THE CURE OF THE CHANC

*Here is a rare way and necessary for country
men to keep their corn from all manner
of fowl that do devour corn in the field.*

RECIPE FOR THE CURE OF THE CHANC

*Take two pennyworth of Stavesacre, and
one pennyworth of gun-powder, and half*

...The Country...
pennyworth of Sulphur, or...
half a pennyworth of common...
mix all these together, and...
end of crows feathers, and stick...
there a crow feather at a...
tie at the end of a long straw, close under
ear of corn, and them that you stick on
ground you must stick with the quill end down-
ward: This will fright all the fowls that
your corn; neither Pidgeon, Rooke nor crow
nor Sparrow, will endure the field
close where these feathers stand, but will fly
over the place as if they were frightened.



...FINIS...
...to be kept in the field...

